

Complex Cases in Internal Medicine
Maui, Hawaii – June 27th, 2019
ACP Hawaii-Quebec Joint Meeting
(lectures will be presented in English)

Hotel: Fairmont Kea Lani
4100 Wailea Alanui Dr, Wailea, HI 96753, USA

7:30 – 7:35 Introduction and Welcome Announcement

Dr. Nadine Lahoud, Centre hospitalier Lasalle
Dr. Lisa A. Camara, University of Hawaii

7:35 – 8:10 Clinical Pearls in Hypertension management

Dr. Maxime Lamarre-Cliché, CHUM

At the end of this conference, the participant will be able to:

- Discuss the place of chronotherapy in the management of the hypertensive patient;
- Optimize the measurement of blood pressure in the clinic;
- Understand the balance between reaching blood pressure targets while optimizing adherence to treatment;
- Overcome refractory hypertension and identify causes of treatment failure;
- Interpret Ambulatory Blood Pressure Monitoring in light of the new "Normals" in blood pressure readings.

8:10 – 8:20 Question period

8:20 – 8:25 Speaker evaluation

8:25 – 8:55 Complex cases in peri-operative medicine (part 1)

Dr. Amal Bessissow, Hôpital général de Montréal

At the end of this conference, the participant will be able to:

- Minimize peri-operative bleeding risk when a patient presents with a coagulation disorder;
- Assess respiratory complication risk in order to take the necessary steps to minimize this risk;
- Determine peri-operative risk in the presence of valvular disease and discuss it with the patient;
- Through clinical examples, appreciate the importance of communication between the various members of the multi-disciplinary team in the care of the surgical patient;
- Recognize the benefits of a pre-habilitation program.

8:55 – 9:10 **Coffee Break**

9:10 – 9:40 **Complex cases in peri-operative medicine (part 2)**

Dr. Amal Bessissow, Hôpital général de Montréal

9:40 – 9:50 Question period

9:50 – 9:55 Speaker evaluation

9:55 – 10:30 **Being a physician on Hikianalia, alongside Hōkūle'a, the double-hulled canoe that traversed the world – Mālama Honua voyage**

Dr. Dee Ann Carpenter, Queen's Medical Center, Honolulu

At the end of this conference, the participant will be able to:

- Measure the challenges identified by the medical team involved in this great adventure;
- Appreciate the knowledge of the indigenous communities of the Hawaiian Islands, their reading of the water and stars pattern, at the time when they did not have access to the navigation instruments that we know.

10:30 – 10:40 Question period

10:40 – 10:45 Speaker evaluation

10:45 – 11:20 **Vasculitis: when it's all in the head**

Dr. Jean-Paul Makhzoum, Hôpital du Sacré-Cœur de Montréal

At the end of the conference, the participant will be able to:

- Recognize the presentation, and subgroups of diseases in the spectrum of primary vasculitis of the central nervous system;
- Develop a diagnostic approach and a differential diagnosis;
- Treat and follow primary vasculitis of the CNS according to the latest data.

11:20 – 11:30 Question period

11:30 – 11:35 Speaker evaluation

11:35 – 13:00 **Lunch break – (not included)**

13:00 – 13:35 Intrabdominal, intracranial and pelvic thrombosis

Dr. Vicky Tagalakis, Hôpital général juif-Sir Mortimer B. Davis

At the end of this conference, the participant will be able to:

- Recognize the clinical presentation of certain atypical venous thrombosis (venous sinus thrombosis, pelvic thrombophlebitis, portal or mesenteric vein thrombosis);
- Plan the investigation that will confirm the diagnosis and the appropriate additional assessment;
- Prescribe an anti-coagulant if necessary and determine the treatment duration.

13:35 – 13:45 Question period

13:45 – 13:50 Speaker evaluation

13:50 – 14:25 Thromboembolic disease associated with cancer

Dr. Vicky Tagalakis, Hôpital général juif-Sir Mortimer B. Davis

At the end of this conference, the participant will be able to:

- Prescribe appropriate investigations for an underlying neoplastic disease when assessing an unexplained thromboembolic event;
- Discuss therapeutic options when the thromboembolic event occurs in a neoplastic context;
- Determine the duration of treatment in this context.

14:25 – 14:35 Question period

14:35 – 14:40 Speaker evaluation

14:40 – 14:55 Coffee Break

14:55 – 15:30 Orthostatic Hypotension: Diagnosis and Treatment

Dr. Maxime Lamarre-Cliché, CHUM

At the end of this conference, the participant will be able to:

- Improve the index of clinical suspicion and the detection of hypotension;
- Choose the most appropriate treatment among available options, and discuss their side effects;
- Manage hypotension in patients who also have hypertension.

15:30 – 15:40 Question period

15:40 – 15:45 Speaker evaluation

15:45 – 16:20 The story of Kalaupapa, the leper colony on the island of Molokai

Dr. Kalani Brady, University of Hawaii at Manoa

At the end of this conference, the participant will be able to:

- Appreciate one side of the history of medicine: the one that preceded the avenue of antibiotics;
- Judge the stigma associated with certain illnesses and caregivers' altruism;
- Draw a parallel with contemporary medicine and appreciate all the progress made during the last century.

16:20 – 16:30 Question period

16:30 – 16:35 Speaker evaluation